

Who are we?

The Ally Centre of Cape Breton is a non-profit, community-based organization whose main objectives are to employ education/prevention strategies that prevent the spread of blood borne pathogens and sexually transmitted infections, and to create supportive environments that diminish risk.

Using a harm reduction philosophy and a community development approach, we encourage citizens to engage in healthy practices, creating healthy communities across Cape Breton Island.

“Diminishing Risks to Marginalized People”



Contact Us

Executive Director: Christine Porter

Christine.porter@bellaliant.com 902-567-1766

Project Manager: Megan Peters

allycentre.meg@gmail.com 902-567-1766

Housing Locator :

902-567-1766 or 902-565-9556

Naloxone Training:

902-574-3342

Peer Six Overdose Prevention Site:

902-567-1766

Rural Needle Exchange Coordinator:

902-549-0428

Call or text

CBRM Outreach Coordinators:

902-539-5556

Peer Navigation and Education:

902-567-1766

Mobile Unit:

902-217-3424

Health Clinic/ Social Worker

902-567-0178

Street Health Nurse

902-577-0140

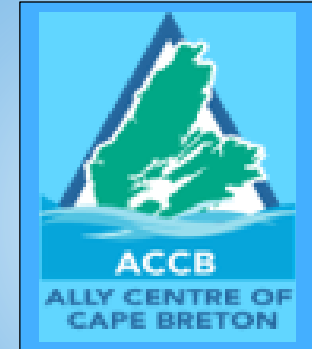
Anonymous Testing

902-567-1123

Coordinated Access Coordinator

902-217-6177

The Ally Centre of Cape Breton



75 Prince Street

Sydney. NS B1P 6H1

902-567-1766

<https://allycentreofcapebreton.com/>

Sharp Advice Needle Exchange

Free walk-in or delivery of safe supplies anywhere on the island! 902-539-5556

We Provide Free:

- Needles
- Filters
- Swabs
- Tie Offs
- Cookers
- Condoms
- Glass pipes/Screens (straight and bowl)
- Distilled Water
- Harm Reduction Education
- Referrals

Ally Centre of Cape Breton Drop In

Open Monday to Friday

10am- 12 pm

2pm- 4pm

5pm -7:30 pm

- Feed Nova Scotia Food Bank
- Computer/ WIFI Access
- Snacks
- Clothing
- Household Articles

Ally Health Clinic

The Ally Health Clinic offers primary health care to vulnerable populations including people living with substance use disorder, experiencing homelessness, sex workers, etc. This is not a walk-in clinic for the general public. If you are without a physician, please phone 811 to be put on the physician list.

Phone ahead 902-567-0178-or drop into book an appointment.

- Practitioners available on **Monday, Tuesday and Thursday**
- Social Worker, Jill Roach **available Monday to Friday**
- Anonymous HIV Testing and Testing for HCV, HBV and other STIs **available Monday, Tuesday and Thursday from 9 AM to 2 PM walk in or call Phone 902-567-1123**
- Overdose Prevention Training and Free Naloxone Kits **Phone: 902-567-1766**
- Street Health Nurse Sharon Call ahead for location **902-577-0140**

Ally Centre Mobile Unit

All the same services as our main centre except we take it on wheels to your community!

Mondays-Glace Bay/ New Waterford

Tuesday- Sydney/ Pier

Wednesday- Glace Bay

Thursday- New Waterford

Friday – North Sydney /Sydney Mines

Follow us on Facebook for our exact location or call 902-567-1766

Peer Six Overdose Prevention Site

Peer Six OPS is one of only two overdose prevention sites in the province open 364 days a year. **Monday to Friday 10am -5pm & Sat-Sunday 10am-4pm**

S.W.E.E.P. (Sex Workers Encouraging and Empowering their Peers)

Saturday and Sunday 4pm-7pm

This program is for sex workers to come together and support one another!

AN OVERDOSE IS A MEDICAL EMERGENCY.
ALWAYS CALL 9-1-1